



Holiday Meals

sponsored by

**Maple Valley Food Bank
and Emergency Services**

*Serving Black Diamond, Covington, Hobart, Maple Valley, Ravensdale and within
the boundaries of The Tahoma School District*

**PLEASE DONATE BY:
Nov. 23 for Thanksgiving
Dec. 21 for Christmas**

*Please donate all or a portion
for families in need*

Green Beans or Corn	3 cans
Yams or Sweet Potatoes	2 large cans
Stuffing	2 packages
Fruit Cocktail	3 cans
Boxed Jell-o or pudding	2 boxes
Cranberry Sauce Whole Berry or Jellied	2 cans
Sugar	1 package
Pumpkin mix	2 cans
Pie Crust or Flour	1 box
Olives, Mushrooms and or Pickles	1 each
Gravy mix	3 packets
Help with purchase of turkeys, eggs, produce and dairy products	\$15.00 Check payable to MVFB&ES

Drop Off Sites:

MV Food Bank

Mon. through Thurs. 8:00 to 4:00

Saturday 8:00 to 11:00

Maple Valley Community Center

Maple Valley Library

Covington Library

Covington MultiCare

*In 2008, together with community
support, we distributed*

496 Thanksgiving and

452 Christmas meals.

*Over \$15,700 was spent in addition
to the holiday food donations
received on these hearty meals.*

Maple Valley Food Bank and Emergency Services - (425) 432-8139 ext 4

Mailing: PO Box 322, Maple Valley, WA 98038 Location: 21415 Renton-Maple Valley Road S.E.

Email: lila@fbeshelp.org

www.maplevalleyfoodbank.org

Thank you for your generous support!