



Need Help With Your Heating Bill or PSE Bill?

Do you fit the following Income Guidelines?

Household size	LIHEAP Average Monthly Income*	PSE Help Monthly Income*
1	\$1,128	\$1,354
2	\$1,518	\$1,821
3	\$1,907	\$2,289
4	\$2,297	\$2,756
5	\$2,686	\$3,224
6	\$3,076	\$3,691
7	\$3,466	\$4,159

*Gross Earned Income Less a 20% Deduction.

Appointments must be made in person during food bank hours only

Must bring **all** documents below or appointment will be rescheduled.

Documents needed:

- No Income Statement Form must be filled out by all adults (18 years and older), get this form at time of apt
- Social Security Card or legal document indicating name and social security number for **all household members**.(ex old tax forms, old paystubs, ...)
- Picture ID with birth date for the applicant
- **Verification of total household income for the three months prior to appointment month, income is the following:**
 - SSI or SSA – awards letter or bank statement showing automatic deposit
 - If receiving DSHS need to show awards letter or print out for the three months prior to appointment month
 - Documentation of Child/Spousal support
 - **All** Paystubs for the three months prior to appointment month
 - If self employed with a business license, need to see records
- Unemployment, need to see print out or **all** stubs
- Current month's energy bill if different then PSE (propane, oil, pellets...)
- Current PSE bill (picture ID of person on bill, if different than applicant)
- Disconnection notice with current address (if applicable)
- Rent/lease agreement, rent receipt or statement from Landlord stating amount of rent - or a mortgage statement if buying home.