

## Suggested Donations for Maple Valley Food Bank & Emergency Services

Serving Black Diamond, Covington, Hobart, Maple Valley, Ravensdale and within the Tahoma School District



**Canned food** - tomatoes, sauce, meat, tuna, fruit, peanut butter

**Meal in a can** - chili, stew, ravioli, etc.

**Packaged** -cereal, oatmeal, pancake mix, rice, flour, macaroni and cheese, etc.

**Hygiene** - shampoo, toilet paper, toothpaste, soap, feminine products, deodorant

**Baby** - diapers, diaper wipes, formula, baby food

\*Monetary donations are always welcome for the purchase of wholesale products. Please make checks payable to MVFB&ES, or donate online at [www.maplevalleyfoodbank.org](http://www.maplevalleyfoodbank.org) **Thank You!**

A 501(c)3 non-profit organization, registered with Washington State's Charities Program. For additional information: 800-332-4483 or [www.sos.wa.gov/charities](http://www.sos.wa.gov/charities)

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