

Suggested Donations for Maple Valley Food Bank & Emergency Services

Serving Black Diamond, Covington, Hobart, Maple Valley, Ravensdale and within the Tahoma School District



Canned food - fruit, meat, tuna, peanut butter

Meal in a can - chili, stew, ravioli, hearty soups, etc.

Packaged -cereal, oatmeal, pancake mix, brown rice, flour, macaroni & cheese, etc.

Hygiene - shampoo, toilet paper, toothpaste, soap, feminine products, deodorant

Baby - diapers, diaper wipes, formula, baby food

*Monetary donations are always welcome for the purchase of wholesale products. Please make checks payable to MVFB&ES, or donate online at www.maplevalleyfoodbank.org **Thank You!**

A 501c(3) non-profit organization, registered with Washington State's Charities Program. For additional information: 800-332-4483 or www.sos.wa.gov/charities

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