

## Maple Valley Food Bank and Emergency Services

Serving Black Diamond, Covington, Hobart, Maple Valley, Ravensdale and within the boundaries of The Tahoma School District

**Canned**-tomatoes, pasta sauce, meat, tuna, soup, fruit, veggies, chili, stew, ravioli, peanut butter, jelly, etc

**Packaged**-burger/tuna helper, mac and cheese, pasta, cereal, oatmeal, pancake and biscuit mix, rice, beans

**Hygiene** - shampoo, toilet paper, toothpaste, soap, feminine products, deodorant

**Baby**- diapers (medium and large), formula, baby food

**"Kid friendly"**-easy mac, fruit cups, granola/power bars, fruit leather, healthy snacks, etc. (Needed for special program- providing extra food for children, as the school free and reduced meals are not available during the summer months.)

*Thank you for your generosity!*

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